

THE OCCURRENCE OF HEXADECA-7,10,13-TRIENOIC ACID IN THE LEAF LIPIDS OF ANGIOSPERMS

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Abstract—Hexadeca-7,10,13-trienoic acid, a lower homologue of linolenic acid, is found in the leaf lipids of a variety of angiosperm species. The acid is found to be concentrated in the monogalactosyl diglyceride and diglyceride fractions of the leaf lipids.

INTRODUCTION

THE MAJOR constituent fatty acids of the leaf lipids of higher plants are palmitic, linoleic and linolenic acid; the proportion of linolenic acid (18:3 ω 3) in most species being greater than 40% of the total acids. The presence of hexadeca-7,10,13-trienoic acid (16:3 ω 3), a lower homologue of linolenic acid, has been reported in the leaf lipids of a few angiosperm species.¹⁻⁵

It has been found that monogalactosyl diglyceride (MGDG) and digalactosyl diglycerides (DGDG), the major constituents of the chloroplast lipids of higher plants, have a high linolenic acid content.⁶ This acid is thought to be necessary for the photosynthetic production of oxygen.⁷ The galactolipids from wheat flour, a non-photosynthetic tissue, have been found to contain little linolenic acid.⁸ It has been shown⁴ that, in spinach, both 18:3 ω 3 and 16:3 ω 3 are concentrated in the galactolipids and also that 16:3 ω 3 is preferentially concentrated in the MGDG fraction.

During a survey of the leaf lipids of higher plants it was found that 16:3 ω 3 was more widely distributed among different species than is indicated in the literature and it is of interest to examine the distribution of this acid among the different lipid classes.

RESULTS AND DISCUSSION

During the last few years we have been carrying out a survey of the fatty acid composition of the leaf lipids of green plants and some of these compositions have been published.⁹⁻¹¹ Linolenic acid was found to be the most abundant acid present in all the species studied. The lower homologue of linolenic acid, 16:3 ω 3, was found to be present in many species

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⁸ H. E. CARTER, K. OHNO, S. NOJIMA, C. L. TIPTON and N. Z. STANACEV, *J. Lipid Res.* **2**, 215 (1961).

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and the proportions of this acid in the different species examined are shown in Table 1 and the distribution of the amounts of 16:3 ω 3 among the different species in Table 2. It was found that when 16:3 ω 3 was present in one member of a family it was present in similar amounts in the other members of the family. In some families there were greater variations in the amounts of 16:3 ω 3 among the members but it has been shown¹⁰ that there is a variation in the proportions of fatty acids during the growing cycle of higher plants.

TABLE 1. AMOUNTS OF 16:3 ω 3 IN THE TOTAL LIPIDS OF ANGIOSPERM LEAVES

Species		% 16:3 ω 3
ROSALES		
Rosaceae		
<i>Sorbus aucuparia</i>	Rowan	3.5
<i>Alchemilla vulgaris</i>	Lady's Mantle	0.9
<i>Geum rivale</i>	Water Aven	1.2
<i>Rubus idaeus</i>	Raspberry	0.1
<i>Potentilla palustris</i>	Marsh Cinquefoil	1.0
CUNONIALES		
Grossulariaceae		
<i>Ribes sanguineum</i>	Flowering Currant	12.6
<i>R. uva-crispus</i>	Gooseberry	7.9
ARALIALES		
Araliaceae		
<i>Hedera helix</i>	Ivy	6.2
Caprifoliaceae		
<i>Lonicera periclymenum</i>	Honeysuckle	3.8
<i>Sambucus nigra</i>	Elder	5.5
FAGALES		
Betulaceae		
<i>Betula pendula</i>	Silver Birch	1.8
Fagaceae		
<i>Quercus robur</i>	Oak	tr
<i>Fagus sylvatica</i>	Beech	tr
URTICALES		
Ulmaceae		
<i>Ulmus procera</i>	Elm	0.2
SAPINDALES		
Aceraceae		
<i>Acer pseudoplatanus</i>	Sycamore	0.5
<i>A. campestre</i>	Maple	0.1
Hippocastanaceae		
<i>Aesculus hippocastanum</i>	Horse Chestnut	2.1
RUBIALES		
Rubiaceae		
<i>Gallium odoratum</i>	Sweet Woodruff	9.1
<i>G. aparine</i>	Goose Grass	11.0
RANALES		
Ranunculaceae		
<i>Aquilegia vulgaris</i>	Columbine	9.8
<i>Caltha palustris</i>	March Marigold	10.8
<i>Ranunculus acris</i>	Meadow Buttercup	17.5
<i>R. ficaria</i>	Lesser Celandine	13.9
<i>Anemone nemerosa</i>	Wood Anemone	15.1
<i>Delphinium ambiguum</i>	Larkspur	17.4
BERBERIDALES		
Berberidaceae		
<i>Berberis vulgaris</i>	Barberry	4.1

TABLE 1 (cont.)

Species		% 16:3 ω 3
CRUCIALES		
Brassicaceae		
<i>Cardamine pratensis</i>	Lady's Smock	11.3
<i>Cheiranthus cheiri</i>	Wallflower	11.1
<i>Nasturtium officinale</i>	Watercress	16.9
<i>Brassica oleracea</i>	Cabbage	15.9
CARYOPHYLLALES		
Caryophyllaceae		
<i>Stellaria graminea</i>	Lesser Stitchwort	0.5
<i>S. holstea</i>	Greater Stitchwort	0.2
<i>S. alsine</i>	Bog Stitchwort	0.1
<i>S. media</i>	Chickweed	0.1
<i>Silene dioica</i>	Red Campion	0.3
<i>S. alba</i>	White Campion	0.2
<i>S. vulgaris</i>	Bladder Campion	0.1
<i>Lychnis coronaria</i>	Rose Campion	0.4
<i>L. flos-cuculi</i>	Ragged Robin	0.2
<i>Gerastium glomeratum</i>	Mouse-Eared Chickweed	tr
Portulacaceae		
<i>Montia perfoliata</i>		11.5
CHENOPODIALES		
Chenopodiaceae		
<i>Spinacia oleracea</i>	Spinach	11.8
ONAGRALES		
Onagraceae		
<i>Chamaenerion angustifolium</i>	Fireweed	0.4
<i>Ephibium montanum</i>	Broad Leafed Willow Herb	0.6
<i>Circaea lutetiana</i>	Enchanter's Nightshade	0.6
Callitrichaceae		
<i>Callitriche stagnalis</i>		tr
PRIMULALES		
Primulaceae		
<i>Lysimachia vulgaris</i>	Yellow Loosestrife	tr
Plumbaginaceae		
<i>Armeria maritima</i>	Thrift	0.5
PLANTAGINALES		
Plantaginaceae		
<i>Plantago major</i>		tr
<i>P. lanceolata</i>		0.1
SAXIFRAGALES		
Crassulaceae		
<i>Sedum rosea</i>	Roseroot	0.1
<i>S. acre</i>	Wall Pepper	0.1
<i>S. fabaria</i>		0.1
Saxifragaceae		
<i>Philadelphus</i> sp.	Hydrangea	tr
<i>Saxifraga umbrosa</i>	London Pride	tr
UMBELLALES		
Apiaceae		
<i>Chaerophyllum temulentum</i>	Chevril	16.2
<i>Daucus carota</i>	Wild Carrot	16.7
<i>Heracleum sphondylium</i>	Hogweed	16.6
VALERIANALES		
Valerianaceae		
<i>Valeriano officinalis</i>	Valerian	9.7

TABLE 1 (cont.)

Species		% 16:3ω3
CAMPANELES		
Campanulaceae		
<i>Jasione montana</i>	Sheepsbit	12.2
<i>Campanula rotundifolia</i>	Harebell	8.4
SOLANALES		
Solanaceae		
<i>Solanum tuberosum</i>	Potato	11.6
<i>S. dulcamara</i>	Woody Nightshade	9.6
<i>Lycopersicon esculentum</i>	Tomato	13.8
Convolvulaceae		
<i>Calystegia sepium</i>	Bindweed	tr
GERANIALES		
Geraniaceae		
<i>Erodium cicutarium</i>	Dune Storksbit	8.7
<i>Geranium robertianum</i>	Herb Robert	8.3
LAMINALES		
Lamiaceae		
<i>Ajuga reptans</i>	Bugle	0.2
<i>Lamium moleculifolium</i>	Intermediate Dead Nettle	0.2
LILIALES		
Liliaceae		
<i>Convallaria majalis</i>	Lily of the Valley	0.6
<i>Polygonatum multiflorum</i>	Solomon's Seal	2.0
IRIDALES		
Iridaceae		
<i>Iris pseudacorus</i>	Yellow Flag	1.8
ORCHIDALES		
Orchidaceae		
<i>Orchis latifolia</i>		0.3
JUNCALES		
Juncaceae		
<i>Juncus conglomeratum</i>	Common Rush	0.2

Species in which 16:3ω3 was not detected

LEGUMINALES

Fabaceae

Sarothamnus scoparius

Broom

Ulex europaeus

Gorse

URTICALES

Urticaceae

Urtica dioica

Stinging Nettle

VIOLALES

Violaceae

Viola riviniana

Common Violet

V. wittrockiana

Pansy

ERICALES

Ericaceae

Rhododendron ponticum

Rhododendron

Vaccinium myrtillus

Bilberry

Erica cinerea

Heather

GUTTERIFERALES

Hypericaceae

Hypericum tetrapetrum

Square Stalked St. John's Wort

H. androsaemum

Tutsen

TABLE 1 (cont.)

Species in which 16:3 ω 3 was not detected

LOGANIALES	
Oleaceae	
<i>Ligustrum vulgaris</i>	Privet
<i>S. vulgaris</i>	Lilac
RANALES	
Nymphaceae	
<i>Nuphar lutea</i>	Yellow Water Lily
RHOEDALES	
Papveraceae	
<i>Papaver rhoeas</i>	Poppy
<i>Meinopsis cambrium</i>	Welsh Poppy
Fumariaceae	
<i>Fumaria officinalis</i>	Fumitory
POLYGONALES	
Polygonaceae	
<i>Rumex obtusifolius</i>	Broad Leafed Dock
<i>Polygonum amphibium</i>	Amphibious Persicaria
GENTIALES	
Gentianaceae	
<i>Menyanthus trifoliata</i>	Bogbean
ASTERALES	
Asteraceae	
<i>Centaura nigra</i>	Knapweed
<i>Taraxacum officinale</i>	Dandelion
<i>Senecio jacobaea</i>	Ragwort
<i>Achillea millefolium</i>	Yarrow
<i>Onaporun acanthium</i>	Scottish Thistle
PERSONALES	
Scrophulariaceae	
<i>Linaria vulgaris</i>	Common Toadflax
<i>Veronica chaemaedris</i>	Germander Speedwell
<i>Antirrhinum majus</i>	Snapdragon
GERANIALES	
Oxalidaceae	
<i>Oxalis acetosella</i>	Wood Sorrel
BORAGINALES	
Boraginaceae	
<i>Myosotis scorpioides</i>	Water Forget-me-not
<i>M. arvensis</i>	Common Forget-me-not
<i>M. alpestris</i>	Alpine Forget-me-not
Cynoglossum amabile	
<i>Symphytum officinale</i>	Comfrey
<i>Echium vulgare</i>	Viper's Bugloss
<i>Pulmonaria officinalis</i>	Lung Wort
<i>Mertensia maritima</i>	Northern Shorewort
LILIALES	
Amaryllidaceae	
<i>Galanthus rivalis</i>	Snowdrop

TABLE 2. DISTRIBUTION OF 16:3 ω 3 IN ANGIOSPERM SPECIES

%16:3 ω 3	Not detected	tr-1%	2-5%	6-10%	11-20%
No. of species	37	36	8	10	19
Total 73					

TABLE 3. FATTY ACID COMPOSITION OF DIFFERENT LIPID CLASSES OF ANGIOSPERM LEAVES

	16:0	16:1 $\omega 7+9$	16:1 $\omega 13t$	16:2 $\omega 6$	% By weight		18:1	18:2 $\omega 6$	18:3 $\omega 3$	Total $\omega 3$
					16:3 $\omega 3$	18:0				
<i>Ribes sanguineum</i>										
TG	17.9	0.2	—	tr	2.9	9.4	15.0	14.5	40.1	43.1
DG	35.2	0.4	—	tr	14.7	2.9	9.1	6.5	31.2	45.9
MGDG	3.2	1.1	—	0.1	23.2	0.3	0.7	1.9	69.5	92.7
DGDG	6.4	1.5	—	0.3	6.8	0.6	0.2	3.2	81.0	87.8
Polar	18.3	0.7	6.2	0.1	0.1	0.4	1.3	18.1	54.8	54.9
<i>Hedera helix</i>										
TG	7.8	0.2	—	0.3	1.9	3.2	7.9	51.9	26.8	28.7
DG	21.6	0.4	—	0.2	8.9	2.0	4.5	28.2	34.2	43.1
MGDG	2.2	0.2	—	2.6	35.6	0.3	0.6	5.3	53.2	88.8
DGDG	9.0	0.1	—	0.3	1.6	0.8	1.0	13.8	73.4	75.0
Polar	19.6	tr	1.4	0.4	1.1	1.0	3.6	56.5	16.4	17.5
<i>Sambucus nigra</i>										
TG	38.2	tr	—	tr	3.9	14.5	15.5	9.4	18.5	22.4
DG	59.1	tr	—	tr	10.2	5.7	3.7	3.7	17.6	27.8
MGDG	2.7	tr	—	0.1	5.1	0.2	0.3	1.1	90.5	95.6
DGDG	5.6	0.1	—	0.1	2.5	0.7	0.2	1.0	89.8	92.3
Polar	25.1	0.2	4.4	tr	0.2	2.5	1.0	27.6	39.0	39.2
<i>Galium odoratum</i>										
TG	12.4	0.5	—	tr	1.2	7.2	16.4	24.6	37.7	38.9
DG	42.6	0.6	—	tr	12.7	5.1	3.6	8.1	27.3	40.0
MGDG	1.8	0.3	—	0.4	34.7	0.2	0.4	1.5	60.7	95.4
DGDG	7.7	0.2	—	0.1	8.6	0.7	1.1	6.7	74.9	83.5
Polar	22.7	0.1	4.6	0.1	0.4	1.6	2.9	21.8	45.8	46.2
<i>Ranunculus acris</i>										
TG	11.5	1.1	—	tr	1.0	5.3	14.8	35.4	30.9	31.9
DG	34.3	0.7	—	tr	9.6	5.0	4.1	8.0	38.3	47.9
MGDG	1.3	0.3	—	1.6	36.8	0.4	0.5	1.1	58.0	94.8
DGDG	6.3	0.1	—	0.3	3.5	0.4	0.3	1.5	87.6	91.1
Polar	19.7	0.3	6.4	0.2	0.4	1.2	1.8	17.0	53.0	53.4
<i>Montia perfoliata</i>										
TG	14.6	tr	—	tr	2.1	6.4	8.6	15.6	52.7	54.8
DG	38.7	tr	—	tr	15.2	2.7	1.6	7.2	34.6	49.8
MGDG	1.1	0.3	—	0.5	19.6	0.3	0.4	1.3	76.5	96.1
DGDG	7.5	0.5	—	1.0	4.5	0.8	1.4	2.4	81.9	86.4
Polar	18.0	tr	5.1	3.2	1.9	0.7	3.0	20.9	47.2	49.1
<i>Heracleum sphondylium</i>										
TG	18.6	tr	—	0.1	1.8	5.6	14.9	39.2	19.8	21.6
DG	41.9	tr	—	0.2	28.4	3.7	2.9	7.6	15.3	43.7
MGDG	1.0	0.2	—	0.7	55.3	0.4	0.6	0.7	41.1	96.4
DGDG	10.8	0.1	—	0.3	7.5	0.5	0.6	4.9	75.3	82.8
Polar	18.9	0.1	7.6	tr	2.6	0.6	0.9	42.8	26.5	29.1
<i>Lycopersicon esculentum</i>										
TG	15.1	tr	—	0.1	1.6	6.2	10.4	29.6	37.0	38.6
DG	44.6	0.1	—	0.2	22.7	1.8	1.6	6.8	22.2	44.9
MGDG	2.4	0.3	—	0.7	32.4	0.3	0.6	4.4	58.9	91.3
DGDG	9.8	0.2	—	0.2	3.3	1.6	2.4	7.1	75.4	78.7
Polar	21.8	0.5	3.4	0.1	1.5	1.8	4.1	34.0	32.8	34.3
<i>Spinacia oleracea</i>										
TG	16.7	tr	—	tr	1.2	4.8	12.6	22.2	42.5	43.7
DG	42.7	0.1	—	0.1	26.8	1.2	1.4	8.2	19.5	46.3
MGDG	1.5	0.3	—	0.1	21.9	0.3	0.8	1.6	73.5	95.4
DGDG	7.6	0.1	—	tr	6.9	0.9	1.6	5.6	77.3	84.2
Polar	19.2	0.2	2.9	tr	1.0	1.0	2.4	31.7	41.6	42.6
<i>Iris pseudacorus</i>										
TG	18.2	tr	—	tr	0.5	5.7	15.2	32.4	28.0	28.3
DG	39.8	0.1	—	0.2	8.9	1.2	2.2	7.5	40.1	49.0
MGDG	0.8	0.4	—	0.3	9.7	0.2	0.6	1.4	86.6	96.3
DGDG	8.2	0.3	—	tr	0.7	0.8	1.4	6.2	82.4	83.1
Polar	32.4	0.3	2.4	tr	0.1	1.2	3.7	35.6	24.3	24.4

The fatty acid composition of different lipid classes of ten species are shown in Table 3. It is found that the $\omega 3$ acids are concentrated in the galactosyl diglycerides accounting for 88.8–96.4% and 75.0–86.4% of the total acids of the monogalactosyl and digalactosyl diglycerides respectively. These findings are similar to those already reported for the fatty acid compositions of the galactolipids of *Myosotis scorpioides*⁹ and *Stellaria media*¹¹ where the main $\omega 3$ acids are 18:3 $\omega 3$ and 18:4 $\omega 3$.

It is also found that in each of the species studied that there is a preferential concentration of 16:3 $\omega 3$ in the monogalactosyl diglycerides. The digalactosyl diglycerides have relatively small amounts of 16:3 $\omega 3$ but, in general, have greater amounts of 18:3 $\omega 3$ than the monogalactosyl diglycerides. It would thus appear that, in the monogalactosyl diglycerides, 18:3 $\omega 3$ is replaced, in part, by the lower homologue 16:3 $\omega 3$.

There are conflicting opinions concerning the biosynthetic pathways leading to the formation of galactosyl diglycerides in plants.^{12–15} In a recent report by Mudd *et al.*¹⁶ it was suggested that the first galactosylation was a reaction specific for a highly unsaturated diglyceride acceptor and they also found that the greatest stimulation of galactolipid synthesis by diglycerides from spinach leaf phospholipids was by the more highly unsaturated species. They also suggested that the synthesis of these galactolipids may be achieved by a selective utilization of unsaturated diglycerides from a pool of diglycerides of various degrees of unsaturation. The results in Table 3 show that the diglyceride fractions contain relatively high proportions of 16:3 $\omega 3$ and could constitute the pool of diglycerides, postulated by Mudd, from which the galactolipids are synthesized.

EXPERIMENTAL

Plants were collected from various areas in the surrounding districts of Paisley, and lipids were extracted and separated into classes by methods described previously.^{9,10}

GLC analyses of the total lipid methyl esters and the methyl esters from each of the lipid classes were carried out on a PE800 chromatograph employing various polyester open tubular columns.¹⁷

Plant species were identified using methods described by Clapham *et al.*¹⁸ and identifications verified by the Biology Dept., The Paisley College of Technology. Orders were arranged according to Hutchison.¹⁹

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